



Getting Started with MINDBODY:

1. Go to clients.mindbodyonline.com
2. In the search box, search for “synergy fitness group”
3. Select this option



Synergy Fitness Group
Washington, DC, US

Select

4. You will come to a log-in page. Click on “Continue without logging in”
5. You will see the box below.

A screenshot of a "Create Account" form. The title "Create Account" is in green. Below it, a message says "Please enter your first and last names, then click the button below to continue." There are two input fields: "first name" and "last name". At the bottom right is a dark grey button labeled "Next >".

6. Enter First and Last name and click “Next”
7. Fill out form with name, address, and login info (email and password).

If you choose not to create an account and just want to view the schedule, simply click the “Classes Tab” in the upper right side of the page.

8. You are ALL SET! Look through the site to see the group fitness schedule for your location, sign up for classes, purchase class passes, etc.

Contact your site manager or the Group Exercise Coordinator, Siobhan (siobhan@synergyfitnessgroup.com) if you have any questions about getting signed up or how to use the site!